

Unified Volleyball Tournament Format and Rule Modifications

- 1. Games will be limited to 15 minutes. Matches will be limited 45 minutes. Matches are winning two out of three games.
- 2. A game is won when a team scores 25 points with a two point advantage rally scoring. *The third game will score to 15 with a two point advantage rally scoring.*
- 3. Standard co-ed rules.
- 4. An athlete does not have to serve game point if not in rotation.
- 5. Whenever possible, an athlete must hit the ball at least once during a 3 man rally.
- 6. If ball is hit directly to a partner or athlete, they are allowed to return serve without a 3 man rally.
- 7. Overhand serves are allowed in A and B Level only.
- 8. After 3 consecutive points for the server, the line will rotate to the next player.
- 9. Each athlete and partner must be played at least once during the game.
- 10. Neither partners nor athletes may attack the net on a serve.
- 11. Double hits, lifts, and carries are not allowed.
- 12. Only one serve attempt per serve.
 - * C Level Athletes will be allowed two serving attempts.
 - ** When a C Level Athlete moves to the 10' line to serve, they must immediately move back to their proper position one a legal service has been delivered.
- 13. Player Domination:
 - a) A Partner is not allowed to interfere with an athlete when attempting to make a play.
 - b) A player domination violation will result in a side-out with the service to the other team.
 - c) Each player will be allowed 2 infractions, thereafter the player will be ejected from the game.
 - d) Player domination will be called if, in the judgement of the official, one or more partners are controlling the "flow" of the game.
- 14. Spiking is allowed in upper level competition, but players (athlete and partner) cannot intentionally hit opponent above the shoulders.
- 15. Partner Regulations:
 - a) Partners may not attack the net. (at lower level competition)
 - b) Partners may not block at the net. (at lower level competition)
 - c) Partners may not serve overhand. (at lower level competition)
- 16. The Clock will stop for all time-out calls.
- 17. The height of the net for all SONM Unified Volleyball Competition shall be 7 feet 4 1/8 inches (Women's Height)