

## 2019 SONM SUMMER GAMES SPORT/EVENT SCHEDULE

FRIDAY, MAY 31				SATURDAY, June 1				SATURDAY, June 1			
TRACK EVENTS (North Staging Area)				SKILL EVENTS (Large Tent)				UNIFIED FLAG FOOTBALL TOURNAMENT			
Event	Division	Staging	Time	Event	Divisions	Staging	Time	Event	Divisions	Staging	Time
Pentathlon	All	9:45 AM	10:00 AM	10 Meter Asst. Walk	All	8:00 AM	8:30 AM	Warm Up	All	8:00 AM	8:30 AM
<i>100 M Run, LJ, Shot Put</i>				10 Meter WC Race	All			Unifeid Flag Football	All	8:30 AM	8:30 AM
4 X 100 M U Relay	All	12:45 PM	1:00 PM	25 Meter Run	All	<i>This is an "All Call" Event</i>		<i>See Unified Flag Football Tournament Schedule</i>			
1500 Meter Run	All	2:45 PM	3:00 PM	25 Meter Walk	All	All Athletes report to the					
1500 Meter Walk	All	2:45 PM	3:00 PM	25 Meter Ast. Walk	All	Big Tent located in					
<b>SATURDAY, June 1</b>				25 Meter WC	All	Olympic Village		<b>SUNDAY, June 2</b>			
TRACK EVENTS (North Staging Area)				25 Meter Ast. WC	All			UNIFIED VOLLEYBALL(TBA)			
Event	Division	Staging	Time	25 M MWC Obst.	All			Event	Divisions	Staging	Event
3000 M Run	All	7:15 AM	7:30 AM	30 M WC Slalom	All			Warm Up	All	7:30 AM	7:30 AM
50 M Run- Female	All	7:30 AM	7:45 AM	50 M MWC Slalom	All			Unified Volleyball	All	8:00 AM	8:00 AM
<i>Run, Walk, Astd Walk, WC</i>				Tennis Ball Throw	All			Volleyball ISC	All	TBA	TBA
800 Meter Run	All	8:00 AM	8:30 AM	SB Throw Skills	All			<i>See Unified Volleyball Tournament Schedule</i>			
800 Meter Walk	All	8:00 AM	8:30 AM	<b>SATURDAY, June 1</b>							
Pentathlon - HJ	All	8:45 AM	9:00 AM	FIELD EVENTS (Stage Event at Each Venue)							
100 Meter Run	1-10	8:45 AM	9:00 AM	Event	Divisions	Staging	Time				
100 Meter Run	11-20	9:00 AM	9:15 AM	Shot Put - Male	All	7:45 AM	8:00 AM				
100 Meter Run	21-30	9:15 AM	9:30 AM	Shot Put - Female	All	1:45 PM	2:00 PM				
100 Meter Run	31-40	9:30 AM	9:45 AM	SLJ	All	1:45 PM	2:00 PM				
100 Meter Run	41-up	9:45 AM	10:00 AM	RLJ	All	1:45 PM	2:00 PM				
100 Meter Walk	All	10:00 AM	10:15 AM	Turbo Jav	All	1:45 PM	2:00 PM				
100 Meter Ast Walk	All	10:15 AM	10:30 AM	Softball Throw	All	1:45 PM	2:00 PM				
100 Meter WC	All	10:30 AM	10:45 AM								
Pentathlon - 400 M	All	10:45 AM	11:00 AM	<b>SATURDAY, June 1</b>							
400 Meter Run	All	11:00 AM	11:15 AM	BOCCE (Robertson Soccer Pracice Fields)							
400 Meter Walk/Astd Walk	All	11:15 AM	11:30 AM	Event	Divisions	Staging	Time				
400 Meter WC	All	11:45 AM	12:00 PM	Bocce Doubles	All	8:00 AM	8:30 AM				
50 M Run - Male	All	12:00 PM	12:15 PM	Short Court	All	8:00 AM	8:30 AM				
<i>Run, Walk, Astd Walk, WC</i>				Bocce Unified	All	9:30 AM	10:00 AM				
200 Meter Run	1-10	12:15 PM	12:30 PM								
200 Meter Run	11-20	12:30 PM	12:45 PM								
200 Meter Run	21-up	12:45 PM	1:00 PM								
200 Meter Walk	All	1:00 PM	1:15 PM								
200 Meter WC	All	1:00 PM	1:15 PM								

