



2021 SONM Virtual Summer Games Event List

Athletics	Bocce	Endurance	Fitness
<input type="checkbox"/> 25 M Run	<input type="checkbox"/> Closest to the Palina	<input type="checkbox"/> Distance Walking	<input type="checkbox"/> Air Squats
<input type="checkbox"/> 25 M Roll			<input type="checkbox"/> Jumping Jacks
<input type="checkbox"/> 25 M Walk			<input type="checkbox"/> Lunges
<input type="checkbox"/> 50 Run	<input type="checkbox"/> Level 1 Assisted	<input type="checkbox"/> Balloon Volley	<input type="checkbox"/> Mountain Climbers
<input type="checkbox"/> 50 M Roll	<input type="checkbox"/> Level 1	<input type="checkbox"/> Frisbee Throw	<input type="checkbox"/> Planking
<input type="checkbox"/> 50 M Walk	<input type="checkbox"/> Level 2		<input type="checkbox"/> Push Ups
<input type="checkbox"/> 100 M Run	<input type="checkbox"/> Putting Sequence		<input type="checkbox"/> Sit Ups
<input type="checkbox"/> 100 M Roll			<input type="checkbox"/> Superman
<input type="checkbox"/> 100 M Walk			<input type="checkbox"/> Wall Sits
<input type="checkbox"/> 100 M Assisted Walk			<input type="checkbox"/> Zig-Zag Jumps
<input type="checkbox"/> 200 M Run			
<input type="checkbox"/> 200 M Roll			
<input type="checkbox"/> 200 M Walk			
<input type="checkbox"/> 200 M Assisted Walk			
<input type="checkbox"/> Softball Throw			
<input type="checkbox"/> Tennis Ball Throw			



Golf - Level 2 (9 holes - Alternate Shot)

Delegation: _____

Team #1		Score:
Athlete		
Partner		

Team #2		Score:
Athlete		
Partner		

Team #3		Score:
Athlete		
Partner		

Team #4		Score:
Athlete		
Partner		

Team #5		Score:
Athlete		
Partner		

Team #6		Score:
Athlete		
Partner		

Team #7		Score:
Athlete		
Partner		

Team #8		Score:
Athlete		
Partner		

Team #9		Score:
Athlete		
Partner		

Team #10		Score:
Athlete		
Partner		

Team #11		Score:
Athlete		
Partner		

Team #12		Score:
Athlete		
Partner		

Team #13		Score:
Athlete		
Partner		

Team #14		Score:
Athlete		
Partner		

Team #15		Score:
Athlete		
Partner		

Team #16		Score:
Athlete		
Partner		



2021 SONM Virtual Summer Games Athlete Registration

- 1) Review the **Event Descriptions** for accurate set up and scoring procedures for all events
- 2) Athletes are eligible to compete in up to **FOUR (4)** events.
- 3) All events must have a qualifying score to be eligible to advance to the finals (Qualifying Deadline: **May 15th**)
- 4) The Deadline for Final Score submission is **June 15th**

DELEGATION: _____

Athlete Name: _____

Date of Birth: _____ **Gender:** _____

ATHLETICS	25 M Run	25 M Roll	25 M Walk	50 M Run	50 M Roll	50 M Walk
	<i>Track Events</i>					
	100 M Run	100 M Roll	100 M Walk	100 M Asst. Walk		
	200 M Run	200 M Roll	200 M Walk	200 M Asst. Walk		
<i>Field Events</i>	Softball Throw	Tennis Ball Throw				
BOCCE	Closest to the Palina					
ENDURANCE <small>Record the number of miles walked in 8 weeks.</small>	Distance Walking					
	<i>This event DOES NOT require a qualifying score. All distances should be recorded as a final score on June 15th.</i>					
FITNESS EVENTS	Air Squats	Jumping Jacks	Lunges	Mountain Climbers	Planking	
	Push Ups	Sit Ups	Superman	Wall Sits	Zig-Zag Jumps	
GOLF	Putting Sequence	Level 1 Assisted	Level 1	Level 2		
NON-TRADITIONAL EVENTS	Balloon Volley		Frisbee Throw			



Level 2 Golf requires a Team Registration Form with Unified Partner information



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Special Olympics
New Mexico



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